

MENU

Week of December 3rd

SUNDAY

[Pulled Tandoori Chicken](#) (recipe serves 8, half ingredients if you don't want that much)over Spaghetti Squash
Steamed Green Beans

MONDAY

[Vegan Jambalaya](#) (this recipe also serves 6 to 8, so half ingredients if you want to make less) Sub coconut aminos for the soy sauce

TUESDAY

[Easy Cashew Chicken](#) - sub coconut aminos for the soy sauce
Brown Rice or Cauliflower Rice
Steamed Broccoli

WEDNESDAY

[Paleo Sausage Soup with Roasted Garlic and SWEET Potatoes](#) -sub sweet potatoes for the regular potatoes
Green Salad

THURSDAY

[Creamy Sun-Dried Tomato & Spinach Salmon Filets](#)
Quinoa
Roasted Asparagus