

Week of May 6th

SUNDAY

[Sheet Pan Chili Lime Shrimp Fajitas](#) in brown rice tortillas or Ezekiel wraps
Green Salad

MONDAY

[Balsamic Tempeh & Roasted Vegetable Quinoa Bowls](#)- omit carrots and add broccoli (or other veggie)

TUESDAY

[Cilantro Lime Chicken Bowl](#)
Steamed Green Beans

WEDNESDAY

[No Mayo Avocado Tuna Melt](#)- sub olive oil for the butter and use almond cheese (any flavor) instead of havarti
Green Salad

THURSDAY

[Baked Lemon Artichoke Chicken Piccata](#)
Brown Rice
Roasted Brussel Sprouts